

VALHALLA RETREATS

Not just for execs anymore



For Teams, For Individuals, For Critical Thinkers and Red Teamers.



For Teams

It's not a break. It's a breakthrough.



Resilience. Collaboration. Trust. Camaraderie.



For Individuals
Time off is great. But what if it was time on?



On your purpose. On your thinking. On your next move.



For Critical Thinkers and Red Teamers. Valhalla is a mobile red team lab.



ACT and Red Team Training at Sea



Or... a Week Learning to Sail

Quality Downtime Learning Something New



RYA Certified Instructor



Bookings Now Open for 2026

Contact us to discover more



info@effectivedirection.com

or click [here](#) to book a call

Or WhatsApp +357 95958857

Reset at Sea

Time to learn. Space to think. Distance to decide. Rum to drink!





EFFECTIVE DIRECTION[®]

BE THE DIFFERENCE

**For your training and development
needs in Cyprus**

Military-grade capability, combined with
deep human insight and empathy, to
strengthen leadership, management, and
team performance.

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YOUR STRATEGIC PARTNER

